

### AN INTRODUCTION

2020-2021

1

CrossRoads is a Washoe County Human Services Agency (HSA) funded & lead initiative providing a tiered/modified housing first approach, that focuses on identifying, intervening and stabilizing traditionally high complexity homeless or near homeless individuals though effective programming, services, and community collaboration.



# CROSSROANS CROSRANS

MEN'S MAIN (110 TOTAL BEDS)

**WOMEN'S** (42 TOTAL BEDS)

- -> RIVER HOUSE (24 BEDS)
  - -> HOPE HOUSE (11 BEDS)
  - -> JANE AUBREY HOUSE (7 BEDS)

**WOMEN & CHILDREN (24 TOTAL BEDS)** 

-> HOPE 1ST COTTAGES

**CROSSROADS OFF-CAMPUS (CROC)** 

**HOPE HOME TAY PROGRAM (50 BEDS)** 

3

### **CROSSROADS PRIMARY ELEMENTS**



Alcohol and Drug Free

- Experiential learning environment.
- Phased/tiered approach encompassing gradual increases in privileges/independence and responsibilities.
- Peer lead support services.
  - o leisure and recreational activities.
  - mutual-self help meetings.
  - Life skill development seminars & classes.
  - Transportation
  - On-site Preliminary Breath & Urine Analysis screening.



Intensive and Targeted
Case Management

- Development of the participant's Master Case Plan from entry through continuing care.
  - Encompassing direct, strengthbased, change- focused, and individualized interventions and service planning.
- Serving in the role of 'participant navigator' by directly brokering access to needed resources & services.
- Proactive case collaboration with contracted & community mental health & addiction treatment service providers.



Life Skills/ Life Management Programming

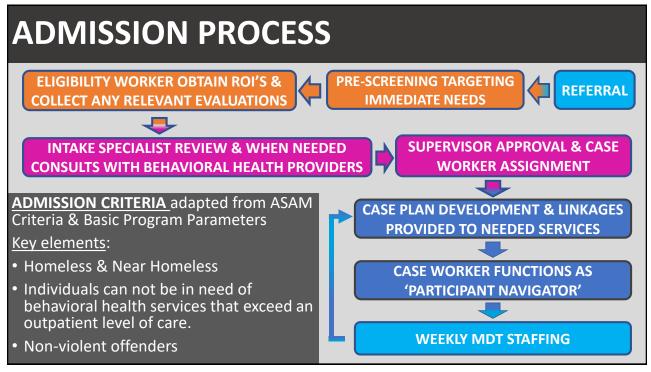
- Employment & career readiness evaluation.
- Structured programs to address educational & vocational needed.
- Job skill development, placement & continued employment support.
- Budgeting, time & money management courses.
- Weekly peer-facilitated seminars & classes on topics ranging from shopping & cooking to how to offer support to others.



Linkage to Medical &

- Comprehensive Addiction & Mental Health Evaluation.
- On and off-site Addiction & Mental Health individual and family therapies.
- A menu of group counseling services.
   Psychoeducational, skill-building, and CBT groups.
  - Clinician facilitated interpersonal process & targeted psychotherapy groups.
- A full-time on-site community Registered Nurse.





### **MEN'S PROGRAM**



 Contracted by CCSNN for all aspects of the program

- CCSNN Case Management Staff
- CCSNN Supportive Living Community Staffing
- HSA Oversight
- Contact: (775) 785-4006
- Email: <a href="mailto:crossroads@washoecounty.us">crossroads@washoecounty.us</a>

7

## WOMEN'S, WOMEN & CHILDREN'S PROGRAM, OFF-CAMPUS (CROC)



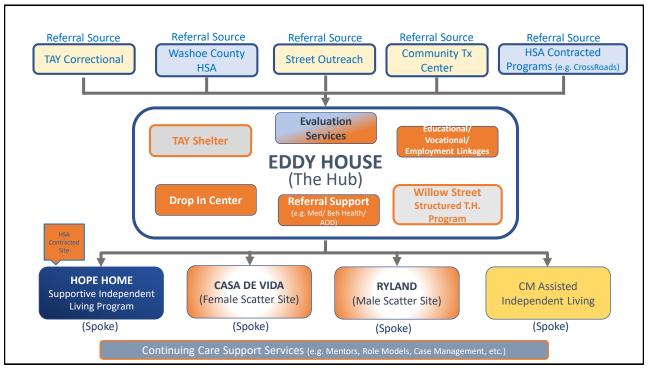
- Collaborative Delivery Approach
  - HSA- Case Management Staff
  - AVHM Supportive Living Community Staffing
  - HSA Oversight
- Contact: (775) 328-2700
- Email: crossroads@washoecounty.us

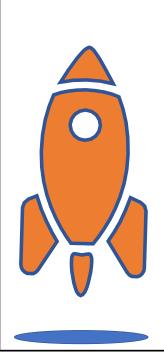


Serving Transitional Age Youth (TAY) 18 to 24 years of age

Under the oversight of HSA, the **HOPE HOME** will utilize of a range of professional & paraprofessional staff to provides homeless Transitional Age Youth (TAY) with a safe & supportive **LAUNCHING**PAD to develop the key skills for self- sustained independence.

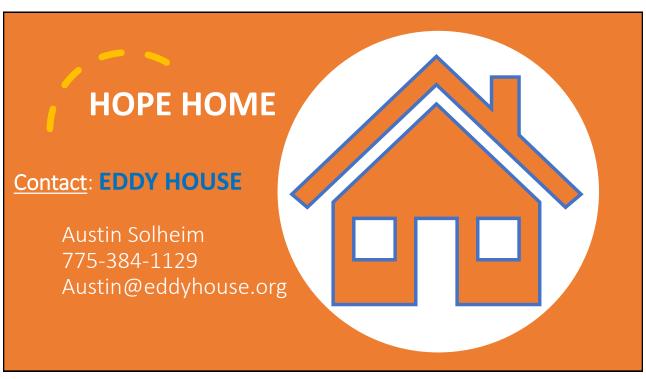
9





- DEVELOPING <u>HEALTHY SUPPORTIVE RELATIONSHIPS</u> OUTSIDE OF THE SOCIAL SERVICE SYSTEM
- NAVIGATING AND ACCESSING NEEDED SERVICES & COMMUNITY RESOURCES THROUGH INDIVIDUALIZED CASE MANAGEMENT SERVICES
- PROVIDING <u>LIFE SKILLS/LIFE MANAGEMENT</u> TRAINING, COACHING & DEVELOPMENT
- ENGAGING IN <u>EDUCATIONAL</u>/ <u>VOCATIONAL</u>/ <u>EMPLOYMENT</u> READINESS
- LINKAGES TO PRIMARY & BEHAVIORAL HEALTH
  SERVICES TO ADDRESS ANY MEDICAL,
  SUBSTANCE RELATED AND/OR MENTAL HEALTH
  CONDITIONS

11



### CONTACT INFORMATION



#### **AMY REYNOLDS, LSW**

ADULT SERVICES
COORDINATOR

**HUMAN SERVICES AGENCY** 

(775) 337-4548

AREYNOLDS@WASHOECOUNTY.US

### FRANKIE D. LEMUS, MA, MFT

BEHAVIORAL HEALTH
PROGRAMS COORDINATOR

**HUMAN SERVICES AGENCY** 

(775) 379-4729

FLEMUS@WASHOECOUNTY.US